



NEWSLETTER

AND WE'RE OFF.....

The season for our performance squads kicked off this week with both the men's and women's in action on Thursday. The Women played the University of Birmingham 2s, who couldn't get a keeper but could get 16 outfield players!, whilst the men welcomed Leek 1s. Not the result either side wanted but some good valuable early season pitch time. Saturday saw the Mens 2 s start pre season with a home game v Beeston 3s. Frustratingly Beeston turned up with no keeper as well so not quite the game we'd hope but none the less a solid 2-2 draw.

This weekend sees the Mens 1s face a tough challenge against the University of Birmingham Mens 1s at 1:15pm (Hopefully they'll bring a keeper), the Womens 1s travel to Leicester whilst the Womens 2s face Banbury 1s at 2:45pm and the Womens 3s face Banbury 2s at 11:30am. The day starts off at 10am with the womens 5/6/7s have an interclub selection game.

England Hockey Game Management System (GMS)

With varying levels of success England Hockey has introduced a game wide Game Management System (GMS). This system will be used to log and track all games, team sheets and results. As a result all members need to be registered on this system so that team sheets for league or cup games can be created.

This will mean that members will have signed up to be a member of Lichfield HC via our website through which match fees/subs are collected and now also registered on the England Hockey GMS.

Some players will already be registered, if this is the case then you do not need to sign up again.

If you haven't registered on the GMS please do so via the link below.

<https://gms.englishockey.co.uk>

More information about this system is available via our website following the link below.

<https://www.lichfieldhockeyclub.co.uk/eh-game-management-system-gms/>

Once registered you can update your profile, including adding a picture using the instruction sheet on our website.



Age Group and Junior Training returns

GET OUT, GET ACTIVE, GET INVOLVED

GET INTO HOCKEY



LICHFIELD HOCKEY CLUB JUNIOR ACADEMY

Training for boys and girls from the age of 5

Get in touch via our website or social media
for more information

Equipment provided if required except for gumshields

 LichfieldHockeyClub  LichfieldHockey  LichfieldHockey www.Lichfieldhockeyclub.co.uk

Under 8s - Sunday 9 - 10am
Under 10s - Sunday 9 - 10am
Under 12s - Sunday 10 - 11am
Under 14 & 16 Boys - Tuesday 6 - 7pm
Under 14 & 16 Girls - Wednesday 6 - 7pm
Under 18 Boys and Mens General Training
Tuesday 7 - 8pm
Under 18 Girls and Womens General Training
Wednesday 7 - 8pm

 Lichfield Hockey Club @ Lichfield Sports Club, Eastern Avenue, Lichfield



Age group training for the Under 14 & 16 boys starts tomorrow (30th) at 6pm with the Girls under 14 & 16s starting on Wednesday (31st) 6pm.
Sunday 4th September then sees the return of training for the Under 8s, 10s and 12s.
If any members are available to help coaching on any of these days then please come on down and get involved.

Club Projects

In our last newsletter we shared with you our development plan. I'd just like to highlight 2 programmes we are looking to develop this year.



Hockey Heroes is an eight week hockey programme aimed at beginners that not only focuses on helping children develop some physical hockey superpowers such as dribbling, passing and goal scoring, but also places as much emphasis on character development superpowers including teamwork, communication, perseverance and respect.



Flyerz Hockey is the name widely associated with grassroots disability inclusive hockey in England. Flyerz Clubs are friendly and inclusive, welcoming disabled and non-disabled people of all ages and abilities as well as their families. The sessions and equipment are adapted to ensure inclusivity of any disability and long-term health condition.

If any members are interested in getting involved with any of these programmes, please get in touch using the email info@lichfieldhockeyclub.co.uk